

TRAIL INFO

50M 3 LOOPS ORANGE PLUS 2 BLUE LOOPS

50K 2 LOOPS ORANGE PLUS ONE BLUE LOOP

20K 1 LOOP ORANGE

ORANGE LOOP AT AID STATION #2 AT FR 234 YOU MUST TURN LEFT AND RUN DOWN A HILL TO THE TURNAROUND ABOUT $\frac{3}{4}$ MILE DOWN THE ROAD. DO NOT RUN TO THE RIGHT AT THIS INTERSECTION OR YOU WILL BE DISQUALIFIED FOR CUTTING THE COURSE. You will pass AID STATION #2 two times each ORANGE loop.

BLUE AND ORANGE MARKING PAINT MAY BE PRESENT ON THE GROUND AT INTERSECTIONS AND TURNS. THE PAINT COLOR IS CONSISTENT WITH THE FLAGGING COLORS AND SIGNS. DO NOT FOLLOW ANY OTHER COLOR.

Mileage markers on the course are approximate. We know some or all are wrong but serve well as inspiration later in the day.

Some orange and white plastic diamonds may still be present and are old course markings.

CUTOFF- THERE IS A 12 HOUR TIME LIMIT FOR THE 50k & 50m. YOU MUST BEGIN THE FIRST BLUE LOOP BY 8:45 ELAPSED TIME OR 2:45 P.M. IN ORDER TO CONTINUE. WE WILL ALSO CUT OFF ANY RUNNER WHO MAY NOT MAKE THEIR LAST BLUE LOOP IN THE 12 HOUR LIMIT BASED ON THEIR CURRENT PERFORMANCE. WE KNOW YOU WON'T GET FASTER. COURSE OFFICIALS MAY PULL ANY RUNNER AT ANY TIME IN THEIR SOLE DISCRETION

You will always run on the most well defined trail with footprints and evidence of use. If the pine straw is not compressed you are on the wrong trail.